Make sure you purchase Laxative Tablets NOT Soft Gel

5 Days Prior to Procedure:
Milk of Magnesia: 2 Tablespoons at bedtime each night for 5 nights

Start Date: __________

1 Day Prior to Procedure:
Begin Clear Liquid diet ONLY
Per Your Physician’s Order
Take: 2 Dulcolax laxative tablets with 8 oz of water at 11:00 pm

Or
If your schedule does not permit the above times
Take: 3 Dulcolax laxative tablets with 8 oz of water at 5:00 pm

Start Date: __________

Day of Procedure
Nothing by mouth within 4 hours of your scheduled Colonoscopy time, including gum, hard candy/mints. No smoking tobacco, marijuana or use of e-cigarettes the day of your procedure

Stop Date/Time: __________

• Take your essential morning medications (heart, blood pressure, anti-seizure medication) with 2 oz (4 tablespoons) of water

Location
HyGiءeaCare: North
8015 Shoal Creek Blvd, Suite 111
Austin, Texas 78757
512-368-8357

HyGiءeaCare: South
1700 South Lamar Blvd, Suite 322
Austin, TX 78704

If you need to reschedule your procedure or you have any questions call your physician’s office

Bring the following to your appointment:
• Responsible Driver. They DO NOT need to be present at the HyGiءeaCare Center but MUST be present at the Endoscopy Center
• Payment for HyGiءea Prep by Credit/Debit ONLY

HyGiءeaCare Prep Procedure
Procedure Date: ___/___/___
Arrival Time: HyGiءeaCare Center: ________________
Arrival Time: Endoscopy Center: ________________

Scheduled Colonoscopy Time: ________________

YOUR BOWEL PREP IS EXTREMELY IMPORTANT! PLEASE READ INSTRUCTIONS CAREFULLY.