

Upper Endoscopy (EGD) Prep

Your Procedure:

You are scheduled for an upper endoscopy, also known as an esophagogastroduodenoscopy. This procedure is an examination of the inside of your esophagus, stomach and first part of the small intestine. This will be done with a fiber optic endoscope, which is a flexible lighted tube that directly visualizes the inside of your gastrointestinal tract.

Procedure Date: _____

Arrival Time: _____ **Procedure Time:** _____

1 Week Prior	3 Days Prior	1 Day Prior	Procedure Day
<ul style="list-style-type: none"> ▶ Arrange for a driver to stay with you during the procedure and take you home post-procedure. ▶ If you have diabetes you have been given a diabetic prep sheet. ▶ You may continue taking your “baby” aspirin or regular aspirin. Let us know if you are on Plavix, coumadin, or other blood thinners. ▶ Stop taking these medications: _____ _____ 	<ul style="list-style-type: none"> ▶ Last chance to cancel appointment. ▶ Call your physician’s office at the number below if you need to reschedule your procedure or if you have any questions. _____ 	<ul style="list-style-type: none"> ▶ Confirm your transportation with a responsible adult driver. ▶ NO solid foods after 10 pm. 	<ul style="list-style-type: none"> ▶ <u>Clear liquids only</u> up to 4 hours prior to your procedure. ▶ NOTHING by mouth within 4 hours of scheduled procedure time – including gum, hard candy/mints & NO smoking tobacco, marijuana, or use of e-cigarettes the day of your procedure. ▶ You may take your essential morning medications with 4 tablespoons (2 oz) of water, 2-4 hours prior to your procedure, unless otherwise directed by your physician. ▶ <u>*LEAVE VALUABLES AT HOME*</u> ▶ Be sure to bring the following: <ul style="list-style-type: none"> -Responsible adult driver to stay with you and drive you home -Insurance Cards -Driver’s License/Photo ID