

## Pillcam Capsule Endoscopy Post Examination Instructions Form

You have just had a capsule endoscopy. This sheet contains information about what to expect over the next two (2) days.

Please call your physician's office or the Medical Exchange (458-1121) if you have severe or persistent abdominal or chest pain, fever, or difficulty swallowing.

Your physician will contact you in approximately 2-5 days with the result of your Pillcam Capsule Endoscopy results.

1. **Pain:** Pain is uncommon following capsule endoscopy. If you feel sharp or persistent abdominal or chest pain, please call your physician's office (numbers listed below) or the Medical Exchange at **458-1121**.
2. **Nausea:** This is also uncommon and should it occur please call your physician's office.
3. **Diet:** You may eat what you normally eat. There are no dietary restrictions.
4. **Activities:** You may resume your normal daily activities including exercise tomorrow.
5. **Medications:** You may resume all medications immediately.
6. **Further Testing:** Until the capsule passes, further testing that includes any type of MRI should be **AVOIDED**. If you have an MRI scheduled for the next 3 days, this should be **POSTPONED**.
7. **The Capsule:** The capsule passes naturally in a bowel movement (BM) typically within 24 hours, depending on your regularity status. Most likely, you will be unaware of its passage. It **DOES NOT** need to be retrieved and can safely be flushed down the toilet. Occasionally, the capsule lights will still be flashing when it passes. Don't be alarmed, your images have already been captured.
8. **Concerns:** Should you be concerned that the capsule did not pass, in the absence of symptoms, an abdominal x-ray can be obtained after 3 days to confirm its passage.
9. **Follow-Up Results:** You will be notified by your physician's office within 2-5 days of the results of your capsule endoscopy. If you have any questions in the interim please call your physician's office.

<b>4310 James Casey St. Bldg 4-A (South)</b>	<b>448-4588</b>
<b>11111 Research Blvd., Suite 390 (Seton NW)</b>	<b>244-2273</b>
<b>1111 W. 34<sup>th</sup> Street, Suite 200 (Central)</b>	<b>454-4588</b>
<b>2116 Scenic Dr. (Georgetown)</b>	<b>930-5837</b>
<b>1015 E. 32<sup>nd</sup> St., Suite 408 (Plaza St. David's)</b>	<b>469-9966</b>
<b>441 Hwy. 71 West , Suite A (Bastrop)</b>	<b>448-4588</b>
<b>7200 Wyoming Springs Dr. Suite 1300 (Round Rock)</b>	<b>244-2273</b>
<b>12201 Renfert Way, Suite 325 (12 Oaks Plaza)</b>	<b>244-2273</b>
<b>112 Cimarron Park Loop (Buda)</b>	<b>469-9966</b>
<b>801 RR 620 South, Suite 101 (Lakeway)</b>	<b>469-9966</b>