



**Preparation Instructions:
Upper Endoscopy (EGD)
Esophagogastroduodenoscopy**

Preparation Instructions:

You are scheduled for an upper endoscopy, also known as an esophagogastroduodenoscopy. This procedure is an examination of the inside of your esophagus, stomach and first part of the small intestine. This will be done with a fiber optic endoscope, which is a flexible lighted tube that directly visualizes the inside of your gastrointestinal tract.

Please remember to arrange a responsible adult to stay with you during your procedure and drive you home. If you do not have a responsible adult your procedure will be cancelled and rescheduled. Please review the preparation schedule below for the days preceding your upper endoscopy. Should you need further assistance please call us at (512) 454-4588 or the number of your physician's Medical Assistant.

Physician:

_____ **Alcocer** _____ **Dabaghi** _____ **Frachtman**
 _____ **Lubin** _____ **Ridgeway** _____ **Sperling**
 _____ **Willeford**

Procedure Date: _____ **Prep-Start Date:** _____
Arrival Time: _____ **Procedure Time:** _____

Your procedure is scheduled at:

_____ **Austin Endoscopy Center I**
8015 Shoal Creek Blvd., Ste 300
(512) 371-1519
 _____ **Austin Endoscopy Center II**
4310 James Casey, Bldg. 4-B
(512) 532-8000
 _____ **St. David's Hospital**
919 E. 32nd St., Admissions
(512) 397-4092
 _____ **Seton Medical Center**
1201 W. 38th St., Day Surgery
(512) 324-1012

<u>1 Week Prior</u>	<u>3 Days Prior</u>	<u>1 Day Prior</u>	<u>Procedure Day</u>
<ul style="list-style-type: none"> ▶ Arrange for a driver to stay with you during the procedure and take you home post-procedure. ▶ If you take fiber supplements or medications containing iron discontinue those 7 days before your appointment. This includes multi-vitamins with iron. ▶ If you have diabetes you have been given a diabetic prep sheet. ▶ You may continue taking your "baby" aspirin and regular aspirin. Let us know if you are on Plavix or coumadin. ▶ Stop taking these medications: _____ _____ 	<ul style="list-style-type: none"> ▶ Last chance to cancel appointment. ▶ Please call our office if you need to reschedule your appointment (512) 454-4588. 	<ul style="list-style-type: none"> ▶ Do not eat or drink anything after midnight the evening before your procedure. ▶ Fill out Health History form. Bring this form with you to the appointment. ▶ Confirm your transportation home with a responsible adult driver. 	<ul style="list-style-type: none"> ▶ You may take your essential morning medications with a few small sips of water, unless otherwise directed by your physician. ▶ Be sure to bring the following: <ul style="list-style-type: none"> -Responsible adult driver to stay with you and drive you home -Insurance Cards -Any co-insurance fees due -Health History form -Driver's License ▶ Arrive one hour before scheduled procedure time. _____ Staff initials providing prep instructions including date.