



Upper Endoscopy (EGD) Preparation

Physician:

___ Alcocer ___ Dabaghi ___ Frachtman ___ Lubin ___ Ridgeway ___ Sperling ___ Willeford

Procedure Date _____ Time _____ Arrival Time _____

Your procedure is scheduled at:

___ Austin Endoscopy Center I
8015 Shoal Creek Blvd., Suite 300
512-371-1519

___ St. David's Hospital
919 E. 32nd St., Admissions
512-397-4092

___ Seton Medical Center
1201 W. 38th St., Day Surgery
512-324-1012

___ Austin Endoscopy Center II
4310 James Casey, Bldg. 4-B
512-532-8000

NOTE: You must be accompanied by a friend or relative to drive you home. We would also ask that someone remain with you during your stay to speak with the doctor following your procedure.

Upper Endoscopy (otherwise known as esophagogastroduodenoscopy or **EGD**) is an examination of the inside of your esophagus, stomach and first part of the small intestine. This will be done with a fiberoptic endoscope, which is a flexible lighted tube that directly visualizes the inside of your gastrointestinal tract.

On the day prior to the procedure, you may eat and drink normally until midnight. **Take nothing by mouth after midnight, except for medications or small sips of water.** These instructions are designed to maximize the ease, safety and success of your preparation.

One Week Prior to the Procedure

• DO NOT take iron pills, multivitamins, or Vitamin E. DO NOT take medicines that may cause bleeding. Your doctor will let you know if you have to hold some medications prior to your procedure. These medications may include: Coumadin, Plavix, Ticlid, Percodan, Alka-Selzer, aspirin, anti-inflammatory medicines (Motrin®, Advil®, etc)

- Please hold _____ for _____ days before the procedure.
- You WILL be allowed to continue taking a 'baby aspirin', for your heart health, per your doctor instructions.
- **TYLENOL and other brands which contain ACETAMINOPHEN are safe to use prior to this procedure.**

Day of Procedure

- **DO NOT EAT OR DRINK ANYTHING THAT DAY (Afternoon procedures may have clear liquids until 8AM)**
- If you take medication, you may have it the morning of the procedure with a small amount of water. This means NO MORE than a few **SMALL** sips of water. **Please take your heart and high blood pressure medications.** You may brush your teeth.
- Arrive **ONE HOUR BEFORE** your procedure is scheduled. **Please arrive at _____ AM / PM**
- Bring your completed **Patient Information Sheet, driver's license and insurance cards** to the Center.
- **You must be accompanied by a friend or relative to drive you home. Please ask them to stay with you to speak with the doctor following your procedure.** You **MAY NOT** drive, go home in a taxi or by bus. If this procedure is not followed, your procedure may be cancelled.
- Special Instructions:
 - ___ Hold morning dose of insulin the day of the procedure but bring your insulin to the facility.
 - ___ If you have an artificial heart valve, or have a previous history of endocarditis, or other specific indication, your doctor may prescribe pre-procedure antibiotics.
 - ___ **Bring a list of the medications (including the dosages) and any allergies** with you.
 - ___ Other _____

Please call us if you have any questions at (512) 454-4588 or the number of your Physician's Medical Assistant.